

### **3I. HANDWASHING [P.S. 1304.22(e)(1) & (2)]**

**Policy:** To reduce the spread of infectious disease to staff, children and families by the use of proper hand washing techniques.

**Procedure:** Staff, volunteers, and children must wash their hands using the following techniques:

- Use running water that drains
- Use soap, preferably liquid
- Rub hands together for 10-20 seconds thinking “tops, bottoms & in between” (10 seconds is the minimum amount of time, 20 seconds is best practice)
- Turn off the faucet with a paper towel.

Hands must be washed:

- Hands must be washed upon arrival at center
- After diapering or toilet use
- Before food preparation, handling, consumption, or other food-related activity
- Whenever hands are contaminated with blood or bodily fluids
- After handling pets or other animals
- Before and after giving medications
- Before and after treating and bandaging a wound
- After assisting a child with toilet use
- Before and after the use of water activity tables

Hand sanitizers (Purell) are not to be used in the classroom. Hand sanitizers may be used when no water is available, for example on field trips. If used, a single pump of an alcohol based hand sanitizer should be dispensed into the child’s hands. Hands should be rubbed together, distributing sanitizer to all hand and finger surfaces and hands should be permitted to air dry. Use of hand sanitizers must be supervised at all times by a teacher.